Safe Girls
Strong Girls
where hope finds wings

Board Package
www.safegirlsstronggirls.org
Purpose

Currently, the Safe Girls Strong Girls organization lacks necessary funds and general support. Since the board consists of only women, diversifying it will spread awareness to different groups and spread support to the male population. The purpose of this board package is to recruit new board members, to shed a good light on the organization, and to fundraise for the different programs in order to get funding and support. Since many of the programs are free of charge, donations are necessary to keep the programs running, and being a relatively new organization, it is still small and lacks media coverage and broad support.
History

Safe Girls Strong Girls, an organization that provides girls that have been traumatized a place to heal, was founded in 2005 by Amy Barth. As she was at lunch at Spaghetti Warehouse, Amy had an epiphany about an organization that uses creative arts therapy instead of psychotherapy to help girls that have survived childhood sexual abuse. Her experience with childhood sexual abuse, her education in counseling psychology, and her previous work with teens and other therapy gave Amy the skills necessary to start this one of a kind program. Only seven months later, Safe Girls Strong Girls held their first board meeting of eight women to discuss the new organization’s plans. It all started with creative arts workshops after school, and then it branched out to include a camp. Now, the organization hopes to spread into all major cities in order to help even more girls since one in three girls are sexually abused before their 18th birthday. With her experience, education, enthusiasm, and your support, this could become a reality.
Mission

Safe Girls Strong Girls is committed to breaking the silence of childhood sexual abuse and giving girls their voices back. Through, our one of a kind camp: Camp CADI we are doing this. We are transforming lives and giving girls their childhoods back.
Duties

In order to keep the organization running smoothly and to achieve our goals, board members are required to:
- Fundraise a minimum of 2500 dollars
- Attend the five board meetings per year
- Go through a two-month trial to see if you fit in with the organization
- Submit a 90-notice if you decide to leave the organization
Camp CADI

Created by Safe Girls Strong Girls founder Amy Barth, CAMP CADI (Irish for “simple happiness”) is the first of its kind, offering childhood sexual abuse survivor’s ages 9-21 a unique opportunity to enjoy the fun-filled, memorable moments that only a true camp experience can provide. For one week, in the playful, exciting and safe environment of Camp Twin Lakes, girls get to be girls again.

Traditional camp activities—swimming, canoeing, mountain biking, fishing, campfires—join a creative mix of art therapy and experimental learning programs for a rollicking retreat. Campers will gain confidence-boosting skills during interactive experiential learning workshops, while rediscovering their own voice through music, drama, storytelling, journaling and other related activities. Throughout the week, girls will see that they’re not alone, the abuse wasn’t their fault and that community can be a great healer as they build trusting relationships with their peers and counselors.
Break the Silence Month
Safe Girls Strong Girls held the first ever Break the Silence awareness month in April 2007. We created this event to bring awareness to the community as well as societal impact and healing resources available to all the survivors of childhood sexual abuse. During the month, Safe Girls Strong Girls Inc. sponsors many events such as creative arts workshops, a patio party at Nancy G’s, family fun at the Chalkfest, a visit to Camp Twin Lakes and more! All events are free with a suggested donation of $10.

Break the Silence World Quilt project
Safe Girls Strong Girls founder, Amy Barth, gives survivors and families of Childhood Sexual Abuse a chance to get creative while raising their voices against the issue of childhood abuse. The people of Safe girls strong girls believe it is time to stop whispering about childhood sexual abuse. There is no reason for the survivors of Childhood sexual abuse to be filled with guilt or shame. One way we plan to break the silence is by sending the quilt to Washington DC during the National Childhood Abuse Awareness month in April.
Testimonies

“Camp CADI has really helped me deal with my sexual abuse by helping me rebuild my confidence and find my own inner strength. Being able to form friendships with other survivors of sexual abuse has shown me that I am not alone in my struggles and that each one of us is beautiful and we should not be ashamed of our abuse. Camp CADI really helped me get my life on track and gave me back the most valuable thing for a survivor: hope. Camp has truly changed my life forever and I hope that it will continue to change other young survivors lives as well.”
- J.E.-CADI Camper

“Just wish I could be at camp FOREVER! I felt safe, people cared, I smiled without feeling guilty, and I felt FREE.”
- A.B.-CADI Camper

“I just attended camp CADI and it was an amazing experience that I would recommend to any girl who has been sexually abused. It provides an emotionally safe environment to be a kid, be yourself, learn new things, and share your feelings. The entire staff is so sweet and supportive. They are all caring, understanding and truly amazing people that care a great deal about what they do. “
- V.D.-CADI Camper